

North Tonawanda Youth Flag Football 2020 Flag Football Rules

COVID-19 adaptations

Divisions:

3rd – 5th Grade Boys

6th – 8th Grade Boys

5th – 8th Grade Girls



Below you will find our adaptations to the rules to comply with the recommended NYS Recreation and Sport guidelines. If you have any questions or concerns, please contact Michelle at mbernas@northtonawanda.org.

For a complete listing of the 2020 rules visit our website at www.nyouthcenter.com/football.

Sanitation and Social Distancing

- Masks/Face coverings must be worn by players and staff at all times except when in specially designated areas along the sidelines.
 - Socially distanced X's will be painted on the ground. Players are encouraged to bring folding/lawn chairs to place on their X.
 - When players are sitting on the sidelines, they will be required to sit in their chair.
 - While in their chairs, when socially distanced, players do not have to wear their masks.
 - Each team will have their own space at each end of the sideline. A distance of 15 to 20 feet will separate the 2 teams
- Each team will have their own football to use throughout the game. It will be sanitized by the coach after each drive/ before their team is on offense again.
- Footballs will be limited at the field, to reduce players urges on the sidelines to play catch with one another during the game.
- An all-time quarterback (rec staff member) will still be utilized throughout each game. After each change in possession, the quarterback must sanitize his/her hands, before touching the new football.
- Teams will have flags assigned to their players that will be used by those players only throughout the season. These flags will still be collected by the coaches and laundered accordingly for distribution the following week.
- Hand sanitizer stations will be set up on each sideline for players to use.
- Only offensive players and referees can return the ball to the line of scrimmage. Defensive players will touch the ball sometimes when deflecting a pass or intercepting a ball, but this will help to limit how often the ball is touched by the opposing team.
- Referees will sanitize their hands often throughout the game.
- High-fives, fist bumps, hugs, spitting, etc. are, unfortunately, prohibited. If players do so, rec workers will remind the players not to do so immediately, and potentially break up what they are doing. (Improper mask usage, such as not covering the nose, will also be corrected immediately.)
- After each break, players will sanitize their hands before re-entering the field.
- Players will be encouraged to wear football gloves to reduce direct touching of footballs to skin.
 - Gloves will be sprayed down each inning with equipment sanitizing spray.
 - This spray will not damage the gloves or hinder their efficacy.
- **Additional precautions:**
 - Spectators:
 - We ask that spectators be limited to 2 people per player.
 - A line will be painted around the field to indicate how close spectators can sit to the sidelines. This is to prevent spectators from gathering close to the field or standing along the length of the sidelines throughout the game.
 - Spectators should use their best judgement and not congregate in large crowds.
 - Spectators are encouraged to spread out and sit atop the "hill" surrounding the field at Felton Field.

Website: <https://www.nyouthcenter.com/football> **Twitter:** @NTYouthCenter **Facebook:** North Tonawanda Youth Center

Email: mbernas@northtonawanda.org